

Twelvemonth

ELEMENTARY · GRADES K-5

FROM THE GROUND UP

TRACK A — DRAW IT

Draw the journey of ONE food from start to finish.

- Where does it begin? (A seed? A farm?)
- Where does it end? (Your plate!)
- Label each part in your own words.



TRACK B — WRITE IT

Write a short letter (5–10 sentences) to a farmer or someone who grows food.

Tell them:

- Why their work matters
- What you'd say if you met them
- One thing you want people to know about food and the earth



Your work may be displayed at Twelvemonth restaurant in Burlingame.

Make it something worth keeping. 