

Twelvemonth

HIGH SCHOOL · GRADES 9–12

MAKE THE CASE

Three hard questions — no easy answers.

INDIVIDUAL CHOICE VS. SYSTEMIC CHANGE

Does what one person eats actually matter — or does real change require policy and structural reform? (Hint: maybe both. The interesting question is how.)

LOCAL VS. GLOBAL

Is buying local always better for the planet, or is it more complicated than it sounds? What does "local" actually offer — and when does it not?

TRADITION VS. TRANSITION

Food is cultural. What's lost — and what's gained — when eating habits change? Is there a way to move forward without leaving people's food heritage behind?

Pick one. Or find your own angle on food, sustainability, or community. Your job isn't just to describe the problem — it's to think through it and land somewhere.

ESSAY

600–800 words

Take a position

REPORTED PIECE

Interview someone in food

Farmer, chef, food bank volunteer

VIDEO ESSAY

Under 3 min

Clear point of view

RESEARCH PRESENTATION

Data + sources + conclusion

Slides or poster

Take a position. Use at least 2 sources. Local angle is a bonus (Peninsula, San Mateo County).

Your work may be featured at Twelvemonth restaurant in Burlingame and on their website.

Say something real.